**Training Guide**

**Easy Walk® No-Pull Harness**

*New easy handling, control and comfort for all your dogs.*

**Why and How the Easy Walk Harness Works**

The Easy Walk® Harness was designed to stop pulling and rolling forward. The harness works because the chest strap will attach to the bottled-shaped chest piece, which is then attached to the handle. The front strap is then used to turn the dog around, providing control and comfort. The Easy Walk® Harness is unique and comfortable for all dogs and can be adjusted to fit any size. The harness is easy to put on and take off, and the leash attachment is on the back of the harness for added safety.

**Leash Techniques**

**Motivate your dog to walk nicely.**

1. **Use the leash as a guide.** No tension and lead work both help a dog learn to walk on the leash. This is the moment to reward your dog with a small treat or praise.
2. **Keep contact tension on the leash.** The moment you need to show your dog attention to you, you may need to show your dog you are in control. The second time you show your dog you are in control, you may need to show your dog you are in control.
3. **Keep the dog moving.** If you keep your dog going, you can stop your dog and reward your dog for moving forward.
4. **Keep the dog's attention.** Always keep your dog's attention on you or the object you are walking towards.

**Testing the fit of the harness.** Make sure the harness is comfortable and fit for your dog. The harness should be loose enough for your dog to move around comfortably.

**Easy Walk® Harness,** now available in a variety of colors and sizes. Find it at your local pet store or online at EasyWalk.com. For more information, visit EasyWalk.com or call 800-257-3177.
Easy Walk® Harness fitting step by step

Important: Please be sure to read and understand all instructions before using the harness on your dog. Throughout the fitting process and during initial use of Easy Walk Harness, motivate and encourage your dog with praise and special tasty treats. If your dog is especially active, have someone help you by feeding treats while you fit and adjust. It might be easiest to remove the harness to make fitting adjustments.

Please fit your dog in a quiet indoor space to ensure a stress free and safe environment. Start with all straps fully extended. To achieve a proper fit, your dog should be standing. Dogs may “freeze up” during fitting, so check the fit again after the dog has walked in the harness for a few minutes. Readjust as needed.


1. Fit the Shoulder Strap

   - Unsnap the belly strap quick-snap. Place the shoulder strap over the dog’s head with the “O” ring resting on the dog’s chest. You can encourage your dog to put his head through the harness by offering a treat (Fig. A).
   - Adjust the shoulder strap so the “O” rings sit above and behind the dog’s shoulder (Fig. B).

2. Fit the Belly Strap

   - Adjust the length of the belly strap so that the harness is snug around the dog’s girth when you connect the quick-snap (Fig. C).

3. Fit the Chest Strap

   - The chest strap should fit horizontally and not droop down or too easily ride up close to the dog’s neck (Fig. D). It will be much easier to make this adjustment if you remove the harness from your dog.
   - The chest strap has two adjustment points. You will want to adjust the sides evenly so the martingale remains in the center. For example, if you estimated you needed to adjust the chest strap by one inch, you will adjust each slide on the strap by half an inch (Fig. F).

Fitting Checklist:

- When fit properly, the harness should resemble a sideways “T” as shown in Fig. G.
- The straps that go around the girth create a vertical line
- The chest strap lays on the dog’s chest horizontally.
- The straps that go around the girth are snug and do not rotate around the dog.
- The “O” rings sit above and behind the shoulders
- The martingale loop sits on the dog’s chest

Troubleshooting

If the chest strap is slipping while on your dog or if he is experiencing chafing or rubbing in the armpit area, we recommend:

- Reviewing the fitting instructions. It is very important to have a strap fit in the armpit. Loosely fitting chest strap can slide and also cause chafing (Fig. D).
- Think about a shoe slipping off your heel over time. Movement against your foot will cause your heel to chafe.
- Review the training techniques. Excessive pulling can cause the chest strap to slip and can also cause chafing.
- We suggest taking a look at your dog from the side. While your dog is standing, how does the harness look?
- If your harness looks like a sideways “Y” and the chest strap has room for adjustment, the harness is likely the right size but not yet fitted correctly (Fig. G). Please review fit instructions.
- If your harness looks like a sideways “Y” and the chest strap is extended to its fullest length, the harness is most likely too small and a larger size is needed. Please refer to our sizing chart and/or call our Customer Care team to identify the proper size for your dog. Our customer care team can be reached at 800-735-2677.

Martingale loop: Inappropriate placement of the martingale loop (such as placing it on the dog’s back) (Fig. K) can reduce or eliminate the effect that the Easy Walk Harness has on your dog’s pulling behavior. In order to be effective, the martingale loop needs to sit on the dog’s chest.