The Easy Walk Harness was created for making walks with your dog enjoyable and pull-free. Should you choose to run or jog with your dog, please be mindful of the possibility of chafing and discontinue use at the first sign of discomfort.

Check the fit regularly, especially on growing dogs. Examine the harness for signs of chewing, fraying, or damage. Do not leave the harness on your dog unattended.

When fit properly, the harness should look like a sideways T on your dog:

### Identifying the parts:

- **A** The chest piece has a Martingale loop with a “D” ring for attaching the leash.
- **B** The shoulder strap is made of the same color nylon as the chest strap and has the woven Easy Walk tag.
- **C** The belly strap is made of a complementary color.

### Fitting the harness:

#### Step 1: Fit the shoulder strap

a. Open the quick snap buckle on the belly strap.
Place the shoulder strap over the dog’s head with the chest strap resting on the dog’s chest.

b. Adjust the shoulder strap so that the connector ring sits above and behind the dog’s shoulder.

#### Step 2: Fit the belly strap

Tighten the shoulder strap to a comfortably snug fit, allowing for just a finger’s width underneath – two finger widths for larger dogs. The snug fit is required because the girth creates the “foundation” that keeps the harness in place.

When the girth (shoulder and belly straps combined) is fit correctly, it should resemble a vertical line and not be in the dog’s sensitive armpit area.

#### Step 3: Fit the chest strap

a. Gently press your fingers on lower front of dog’s chest to locate the breastbone.

b. Adjust each portion of the chest strap equally to keep the D-ring centered.

c. When adjusted correctly, the chest strap will be horizontal, resting over the dog’s breastbone. It should not “hang down”, gap, or ride up. If this happens, you may need a different size.

d. Attach the leash to the D-ring on the chest strap.

### Fitting tips

You may need to remove the harness during fitting to make adjustments. Dogs may “tense up” during fitting, so check the fit again after the dog has walked in the harness for a few minutes.

Using a leash with a heavy clasp may cause the chest strap to sag. Please choose a 4 to 6 ft. leash with a light but sturdy clasp.

It isn’t recommended to use a flex lead with the harness, as the constant tension will cause the chest strap to loosen on its own, and possibly encourage the dog to pull.

### Using the harness:

The Easy Walk Harness is designed to gently discourage your dog from pulling while walking on a leash.

If your dog forges ahead of you, gently pull the leash to the side to turn the dog toward you. As he stops pulling, be sure to release the tension on the leash. Use praise and reward your dog with treats and/or petting.

To slow your dog when he is pulling ahead, apply gentle pressure to the leash, pulling gently toward one side of the dog. Release the pressure on the leash when the dog is walking nicely next to you.

- Tension + Tight Leash = Incorrect
  - Gently redirect your dog back into position beside you

- No Tension + Loose Leash = Correct
  - This is the moment to reward your dog with a small treat and praise

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